V88/6/985

SERVE IN THE USA

Be a VISTA Volunteer

Volunteers In Service To America

VISTA

Volunteers In Service To America

The Adventure Begins at Home. . .

AA1.2:

READEX FICHE

You don't have to travel the globe to find a challenge. With VISTA the adventure begins at home.

The real challenge is right at your doorstep. The true adventure is right at home.

The greatest needs of every community—The problems that some of your neighbors face, problems that can seem so overwhelming—These are the issues that challenge America at home.

Community volunteers are modern America's true adventurers. For great challenges require great vision and stubborn problems demand fresh ideas and action.

The leadership of local volunteers —that's what VISTA is all about.

With the spirit that built America, VISTA volunteers get the job done. VISTA volunteers meet challenges head-on.

Neighbor to neighbor—that's the VISTA spirit. It means hard work, long hours, constant challenges, But you'll make a difference to your community. Because one year of VISTA service can change lifetimes.

Work where the action is—in the heart of your community.

VISTA. The adventure begins at home.

Is It For You?....

To join VISTA you must be a U.S. citizen or permanent resident. You must be at least 18 years old. There is no upper age limit.

VISTA Volunteers Work In Literacy Programs

Recent studies indicate that some 27 million — or one in five adults in this country — can barely read. And that number is soaring by about 2.3 million each year. In more than 40 states, VISTA volunteers are addressing the problem of illiteracy. They recruit and train tutors, perform outreach services, identify people needing assistance, develop programs that teach refugees to read and write, and organize or expand community-based literacy programs.

VISTA literacy volunteers also plan, coordinate and supervise public awareness activities to increase community support for literacy and other adult learning programs.

In Chicago, 15 VISTA volunteers assigned to Literacy Volunteers of America (LVA), a nationally-based program, have raised more than $57,000, through public awareness activities on behalf of the illiterate in and around the city. The VISTAs provide technical assistance to other community literacy volunteers in basic reading, tutoring techniques and in setting up English as a Second Language (ESL) programs. They are organizing a city-wide committee of volunteers to expand and improve the LVA program. So far, the volunteers have trained some 300 tutors resulting in over 450 adults learning to read.

In Anchorage, Alaska, VISTA volunteers are teaching ESL to Koreans, Filipinos and Native American Alaskans. They've developed an outreach system linking people in isolated areas to their project through a satellite site — church, school, community facility, etc. So far, the volunteers have arranged for 40 shut-in students to be tutored at home.

These are just a few of the ways that VISTA volunteers help enhance the quality of life for so many. It is evident that a wide range of community needs can be met through their volunteers services. For more information on how you can become a VISTA volunteer and work in you community, call your state ACTION office listed below, or contact:

Alabama
206-442-1558
Alaska
206-442-1554
Arizona
602-261-4825
Arkansas
501-378-5234
California
415-974-0690
Colorado
303-866-1070
Connecticut
203-722-2302
Delaware
301-962-4443
District of Columbia
804-771-2197
Florida
305-420-6117
Georgia
404-221-4646
Hawaii
808-546-8925
Idaho
208-334-1707
Illinois
312-353-8283
Indiana
317-269-6724
Iowa
515-284-4816/7
Kansas
913-295-2540
Kentucky
502-582-6384
Louisiana
504-389-0471
Maine
207-780-3414
Maryland
301-962-444-
Massachusetts
617-223-0590
Michigan
313-226-7849
Minnesota
612-349-3630
Mississippi
601-960-4462
Missouri
816-374-5256
Montana
406-449-5404
Nebraska
402-471-5493
Nevada
702-784-5314
New Hampshire
603-225-6111
New Jersey
609-989-2243
New Mexico
505-988-6577
New York
212-264-5720
New York
518-472-3664
North Carolina
919-856-4731
North Dakota
606-224-5996
Ohio
614-469-7441
Oklahoma
405-231-5201
Oregon
503-221-2261
Pennsylvania
215-597-3543
Puerto Rico/ Virgin Islands
809-753-4314
or 809-753-4188
or 809-753-4189
Rhode Island
401-528-5424
South Carolina
803-765-5771
South Dakota
605-224-5996
Tennessee
615-251-5561
Texas
512-482-5671
Utah
801-524-5411
Vermont
603 225-6348 or 6111
Virginia
804-771-2197
Washington
206-442-4975
West Virginia
304-347-5246
Wisconsin
414-291-1118
Wyoming
307-772-2385

VISTA Volunteers Help The Unemployed

There's a lot VISTA volunteers can do to help people get or keep a job. Their services extend to people of all ages, from all walks of life — teenagers, the elderly, veterans, refugees, handicapped and able-bodied alike. Essential to the VISTAs' work with the unemployed is the establishment of vital partnerships with the private sector.

VISTA activities include linking people with job training resources, setting up job banks or job fairs, conducting skill and social training for high unemployment groups such as youth, minorities, refugees or the disabled. VISTA volunteers have set up part-time and summer job programs for youth and have expanded support systems that enable teenagers to find jobs. For example:

In Alabama, VISTAs work on a community task force to train teenage single parents to work. The volunteers have coordinated with the private sector to conduct job readiness workshops and training sessions and to regularly inform the young parents of job openings.

In Michigan, VISTAs helped establish transportation and day care service to teenage parents, making it easier for them to take advantage of job training workshops or to look for and hold down jobs and continue their education.

In another Michigan program, VISTA volunteers are involved in a statewide effort to help disadvantaged older persons find jobs. They do this by working with area associations on aging and local planning committees, jointly identifying training institutions and organizations. They also contact local businesses and industry to locate and negotiate job placements, generate media programs and speaking engagements to enhance local awareness of employment problems and implement training programs.

These are just a few of the ways that VISTA volunteers help enhance the quality of life for so many. It is evident that a wide range of community needs can be met through their volunteers services. For more information on how you can become a VISTA volunteer and work in you community, call your state ACTION office listed below, or contact:

Alabama
206-442-1558
Alaska
206-442-1554
Arizona
602-261-4825
Arkansas
501-378-5234
California
415-974-0690
Colorado
303-866-1070
Connecticut
203-722-2302
Delaware
301-962-4443
District of Columbia
804-771-2197
Florida
305-420-6117
Georgia
404-221-4646
Hawaii
808-546-8925
Idaho
208-334-1707
Illinois
312-353-8283
Indiana
317-269-6724
Iowa
515-284-4816/7
Kansas
913-295-2540
Kentucky
502-582-6384
Louisiana
504-389-0471
Maine
207-780-3414
Maryland
301-962-4443
Massachusetts
617-223-0590
Michigan
313-226-7849
Minnesota
612-349-3630
Mississippi
601-960-4462
Missouri
816-374-5256
Montana
406-449-5404
Nebraska
402-471-5493
Nevada
702-784-5314
New Hampshire
603-225-6111
New Jersey
609-989-2243
New Mexico
505-988-6577
New York
212-264-5720
New York
518-472-3664
North Carolina
919-856-4731
North Dakota
606-224-5996
Ohio
614-469-7441
Oklahoma
405-231-5201
Oregon
503-221-2261
Pennsylvania
215-597-3543
Puerto Rico/ Virgin Islands
809-753-4314
or 809-753-4188
or 809-753-4189
Rhode Island
401-528-5424
South Carolina
803-765-5771
South Dakota
605-224-5996
Tennessee
615-251-5561
Texas
512-482-5671
Utah
801-524-5411
Vermont
603 225-6348 or 6111
Virginia
804-771-2197
Washington
206-442-4975
West Virginia
304-347-5246
Wisconsin
414-291-1118
Wyoming
307-772-2385

VISTA

VISTA Volunteers Work With The Homeless

With affordable housing becoming more and more scarce, homelessness is a serious and growing problem. In this country, several million people are without shelter.

In towns and cities across the nation, VISTA volunteers work to address this problem. They help set up, maintain and expand emergency shelters or help the homeless find shelter through information and referral support systems.

Some VISTAs work out of housing or day care centers for the homeless. At St. Francis House, a day care facility for the homeless in Boston, for example, the VISTA volunteers provide counseling, operate a clothing unit — with clothes donated by local residents — or supervise the serving of hundred of meals a day. When necessary, they arrange for transportation to hospitals or to detoxification centers. "Although shelters are available at night, these people had no real care available to them until this day care facility opened," notes a VISTA supervisor.

VISTAs sometimes help unemployed homeless find work, making it easier for them to afford shelter. Volunteers refer homeless clients to potential employers, or they help integrate them into employment programs. Some volunteers develop work projects leading to employment.

Another service is financial and mortgage counseling to unemployed workers in danger of losing their homes. In Birmingham, Alabama, for instance, after a group of steelworkers was laid off, VISTA volunteers counseled them about available housing options and helped them formulate realistic budgets. Some VISTAs persuaded landlords to adopt flexible rental payment policies for unemployed tenants who otherwise would have been evicted.

These are just a few of the ways that VISTA volunteers help enhance the quality of life for so many. It is evident that a wide range of community needs can be met through their volunteers services. For more information on how you can become a VISTA volunteer and work in you community, call your state ACTION office listed below, or contact:

Alabama
206-442-1558
Alaska
206-442-1554
Arizona
602-261-4825
Arkansas
501-378-5234
California
415-974-0690
Colorado
303-866-1070
Connecticut
203-722-2302
Delaware
301-962-4443
District of Columbia
804-771-2197
Florida
305-420-6117
Georgia
404-221-4646
Hawaii
808-546-8925
Idaho
208-334-1707
Illinois
312-353-8283
Indiana
317-269-6724
Iowa
515-284-4816/7
Kansas
913-295-2540
Kentucky
502-582-6384
Louisiana
504-389-0471
Maine
207-780-3414
Maryland
301-962-444[illegible]
Massachusetts
617-223-0590
Michigan
313-226-7849
Minnesota
612-349-3630
Mississippi
601-960-4462
Missouri
816-374-5256
Montana
406-449-5404
Nebraska
402-471-5493
Nevada
702-784-5314
New Hampshire
603-225-6111
New Jersey
609-989-2243
New Mexico
505-988-6577
New York
212-264-5720
New York
518-472-3664
North Carolina
919-856-4731
North Dakota
606-224-5996
Ohio
614-469-7441
Oklahoma
405-231-5201
Oregon
503-221-2261
Pennsylvania
215-597-3543
Puerto Rico/ Virgin Islands
809-753-4314
or 809-753-4188
or 809-753-4189
Rhode Island
401-528-5424
South Carolina
803-765-5771
South Dakota
605-224-5996
Tennessee
615-251-5561
Texas
512-482-5671
Utah
801-524-5411
Vermont
603 225-6348 or 6111
Virginia
804-771-2197
Washington
206-442-4975
West Virginia
304-347-5246
Wisconsin
414-291-1118
Wyoming
307-772-2385

VISTA Volunteers Work With Youth

President Franklin Roosevelt once said, "We cannot always build the future of our youth, but we can build our youth for the future." In varied settings throughout the country, VISTA volunteers are doing that. Tutoring, job and drug counseling, health services and recreation activities are just a few of their efforts. Their clients include abused children, unwed teenage parents, juvenile offenders, drug abusers, or perhaps "good" kids in bad circumstances through no fault of their own.

In Mississippi, VISTA volunteers work with unwed teenage mothers, helping them reduce the effects of poverty, incomplete education, unemployment, welfare dependency and child abuse. The volunteers provide career education and linkages with community resources on education, jobs, child care agencies and health care services. They also recruit other volunteers to raise funds in support of these services.

In a comprehensive program in Illinois, VISTAs are addressing the problems of unemployment, drug abuse, juvenile delinquency and refugee resettlement among youth. The volunteers have established a job resource center, job readiness and skill training workshops and have contacted potential employers, encouraging them, to hire young people in the area. VISTAs also carry out career employment programs in local high schools.

In addition, some of the VISTAs in this program work with Indo-Chinese youth, offering them information on education, health, employment and other support programs. The VISTAs help get the youth involved in school programs, particularly English as a Second Language (ESL) courses.

These are just a few of the ways that VISTA volunteers help enhance the quality of life for so many. It is evident that a wide range of community needs can be met through their volunteers services. For more information on how you can become a VISTA volunteer and work in you community, call your state ACTION office listed below, or contact:

Alabama
206-442-1558

Alaska
206-442-1554

Arizona
602-261-4825

Arkansas
501-378-5234

California
415-974-0690

Colorado
303-866-1070

Connecticut
203-722-2302

Delaware
301-962-4443

District of Columbia
804-771-2197

Florida
305-420-6117

Georgia
404-221-4646

Hawaii
808-546-8925

Idaho
208-334-1707

Illinois
312-353-8283

Indiana
317-269-6724

Iowa
515-284-4816/7

Kansas
913-295-2540

Kentucky
502-582-6384

Louisiana
504-389-0471

Maine
207-780-3414

Maryland
301-962-444[illegible]

Massachusetts
617-223-0590

Michigan
313-226-7849

Minnesota
612-349-3630

Mississippi
601-960-4462

Missouri
816-374-5256

Montana
406-449-5404

Nebraska
402-471-5493

Nevada
702-784-5314

New Hampshire
603-225-6111

New Jersey
609-989-2243

New Mexico
505-988-6577

New York
212-264-5720

New York
518-472-3664

North Carolina
919-856-4731

North Dakota
606-224-5996

Ohio
614-469-7441

Oklahoma
405-231-5201

Oregon
503-221-2261

Pennsylvania
215-597-3543

Puerto Rico/ Virgin Islands
809-753-4314
or 809-753-4188
or 809-753-4189

Rhode Island
401-528-5424

South Carolina
803-765-5771

South Dakota
605-224-5996

Tennessee
615-251-5561

Texas
512-482-5671

Utah
801-524-5411

Vermont
603 225-6348 or 6111

Virginia
804-771-2197

Washington
206-442-4975

West Virginia
304-347-5246

Wisconsin
414-291-1118

Wyoming
307-772-2385

VISTA

VISTA Volunteers Fight Hunger

VISTA volunteers tackle the problem of poverty-related hunger in many ways. Their work includes improving food growing methods, setting up or expanding farm production and marketing cooperatives, or working in one of many food distribution networks across the nation — helping to see that surplus food is solicited from major producers and brokers, stored in food banks and then distributed to agencies serving those in need.

In Lafayette, Louisiana, VISTAs volunteers work with small farmers, teaching them new and improved food growing and marketing techniques. They also assist area families in planting their own gardens, thereby substantially cutting food costs. Working in tandem with the local government, volunteers have helped farmers establish a badly needed farmers market and a food co-op. One farmer commented that the volunteers' help allowed his family, for the first time, to exchange gifts at Christmas.

In Oregon, VISTAs are working in a statewide food distribution program, recruiting other volunteers to "glean" or gather slightly damaged but still nutritious food and to see that it's distributed to those in need. They provide training and technical assistance to people in local food distribution agencies who coordinate and monitor statewide food collection efforts and help food banks obtain and deliver greater food supplies to community service agencies.

In many states, VISTA supervisors noted that volunteers are praised for building relations between food donors and service organizations and for developing food pickup and distribution services. "It is activities like these that make so much more food available to those who need it," notes a VISTA supervisor.

These are just a few of the ways that VISTA volunteers help enhance the quality of life for so many. It is evident that a wide range of community needs can be met through their volunteers services. For more information on how you can become a VISTA volunteer and work in you community, call your state ACTION office listed below, or contact:

Alabama
206-442-1558
Alaska
206-442-1554
Arizona
602-261-4825
Arkansas
501-378-5234
California
415-974-0690
Colorado
303-866-1070
Connecticut
203-722-2302
Delaware
301-962-4443
District of Columbia
804-771-2197
Florida
305-420-6117
Georgia
404-221-4646
Hawaii
808-546-8925
Idaho
208-334-1707
Illinois
312-353-8283
Indiana
317-269-6724
Iowa
515-284-4816/7
Kansas
913-295-2540
Kentucky
502-582-6384
Louisiana
504-389-0471
Maine
207-780-3414
Maryland
301-962-444.
Massachusetts
617-223-0590
Michigan
313-226-7849
Minnesota
612-349-3630
Mississippi
601-960-4462
Missouri
816-374-5256
Montana
406-449-5404
Nebraska
402-471-5493
Nevada
702-784-5314
New Hampshire
603-225-6111
New Jersey
609-989-2243
New Mexico
505-988-657.
New York
212-264-5720
New York
518-472-3664
North Carolina
919-856-4731
North Dakota
606-224 5996
Ohio
614-469-7441
Oklahoma
405-231-5201
Oregon
503-221-2261
Pennsylvania
215-597-3543
Puerto Rico/ Virgin Islands
809-753-4314
or 809-753-4188
or 809-753-4189
Rhode Island
401-528-5424
South Carolina
803-765-5771
South Dakota
605-224-5996
Tennessee
615-251-5561
Texas
512-482-5671
Utah
801-524-5411
Vermont
603 225-6348 or 6111
Virginia
804-771-2197
Washington
206-442-4975
West Virginia
304-347-5246
Wisconsin
414-291-1118
Wyoming
307-772-2385

NEWARK PUBLIC LIBRARY

VISTA Volunteers Meet Community Needs

JAN 8 1986

U. S. GOVT. PUBS.
DEPOSITORY 376

VISTA volunteers around the country share their skills to meet a wide range of community needs. They serve the poor, working in housing rehabilitation and neighborhood revitalization, economic development and refugee resettlement. They offer needed assistance to victims of domestic violence and bring vital health and medical care to those in need. VISTAs work with people of all age groups, from infants to the very old. They can be found in cities or rural areas, on Indian reservations or in migrant camps.

The VISTA volunteers' activities are even more varied than the number of settings in which they serve. For example:

They have helped migrant workers raise their economic potential. Together they have developed small cottage industries in which migrants can produce crafts out of their own homes. Migrants have also established food gleaning projects and marketing co-ops, thanks to the VISTAs' help.

VISTAs have helped refugees ease their transition to life in this country, linking the immigrants to housing, health, employment and other vital services such as teaching them English.

VISTA volunteers have developed programs that enable the elderly to live more independently. Job banks have been set up for those wanting part-time work. Some VISTAs offer counseling to seniors on fixed incomes, helping them manage their money more efficiently.

The volunteers provide valuable assistance to people of all ages needing health services. They coordinate neighborhood health clinics, recruit professionals, and in some cases, recruit and train other volunteers. They organize health outreach and education programs. Their work extends to pre-natal, baby, child care and senior nutrition programs. And their networking often has made vital care available to many people in isolated areas with no public transportation.

These are just a few of the ways that VISTA volunteers help enhance the quality of life for so many. It is evident that a wide range of community needs can be met through their volunteers services.

These are just a few of the ways that VISTA volunteers help enhance the quality of life for so many. It is evident that a wide range of community needs can be met through their volunteers services. For more information on how you can become a VISTA volunteer and work in you community, call your state ACTION office listed below, or contact:

Alabama
206-442-1558

Alaska
206-442-1554

Arizona
602-261-4825

Arkansas
501-378-5234

California
415-974-0690

Colorado
303-866-1070

Connecticut
203-722-2302

Delaware
301-962-4443

District of Columbia
804-771-2197

Florida
305-420-6117

Georgia
404-221-4646

Hawaii
808-546-8925

Idaho
208-334-1707

Illinois
312-353-8283

Indiana
317-269-6724

Iowa
515-284-4816/7

Kansas
913-295-2540

Kentucky
502-582-6384

Louisiana
504-389-0471

Maine
207-780-3414

Maryland
301-962-444[illegible]

Massachusetts
617-223-0590

Michigan
313-226-7849

Minnesota
612-349-3630

Mississippi
601-960-4462

Missouri
816-374-5256

Montana
406-449-5404

Nebraska
402-471-5493

Nevada
702-784-5314

New Hampshire
603-225-6111

New Jersey
609-989-2243

New Mexico
505-988-6577

New York
212-264-5720

New York
518-472-3664

North Carolina
919-856-4731

North Dakota
606-224-5996

Ohio
614-469-7441

Oklahoma
405-231-5201

Oregon
503-221-2261

Pennsylvania
215-597-3543

Puerto Rico/ Virgin Islands
809-753-4314
or 809-753-4188
or 809-753-4189

Rhode Island
401-528-5424

South Carolina
803-765-5771

South Dakota
605-224-5996

Tennessee
615-251-5561

Texas
512-482-5671

Utah
801-524-5411

Vermont
603 225-6348 or 6111

Virginia
804-771-2197

Washington
206-442-4975

West Virginia
304-347-5246

Wisconsin
414-291-1118

Wyoming
307-772-2385

VISTA

VISTA Volunteers Fight Drug and Substance Abuse

Drug use is a problem of serious proportions in this country, particularly among young people. To meet this challenge, a proliferation of parent and other awareness groups has done much to address drug use among our nation's citizens over the past few years.

VISTA volunteers play a key role in anti-drug activities. Across the country they are organizing and supporting groups of low-income parents who want to keep their children from using drugs, or working to help older drug users. Volunteers in New York, working through a statewide agency, promote drug awareness and prevention. Activities include publishing a newsletter through wnich interested groups can share information, developing training projects and seminars, planning a drug abuse curriculum for use in junior high schools, coordinating prevention activities among adjoining states, developing county-wide prevention networks and providing technical assistance to interested groups.

In a Birmingham, Alabama residential program, VISTA volunteers are developing educational and alternative-to-drug programs for elementary school children, youth and parent groups. The volunteers are furnishing public relations materials and are setting up an audio-visual library. Additionally, a follow-up program for outpatients is underway, thanks to the VISTAs.

These are just a few of the ways that VISTA volunteers help enhance the quality of life for so many. It is evident that a wide range of community needs can be met through their volunteers services. For more information on how you can become a VISTA volunteer and work in you community, call your state ACTION office listed below, or contact:

Alabama
206-442-1558
Alaska
206-442-1554
Arizona
602-261-4825
Arkansas
501-378-5234
California
415-974-0690
Colorado
303-866-1070
Connecticut
203-722-2302
Delaware
301-962-4443
District of Columbia
804-771-2197
Florida
305-420-6117
Georgia
404-221-4646
Hawaii
808-546-8925
Idaho
208-334-1707
Illinois
312-353-8283
Indiana
317-269-6724
Iowa
515-284-4816/7
Kansas
913-295-2540
Kentucky
502-582-6384
Louisiana
504-389-0471
Maine
207-780-3414
Maryland
301-962-444[illegible]
Massachusetts
617-223-0590
Michigan
313-226-7849
Minnesota
612-349-3630
Mississippi
601-960-4462
Missouri
816-374-5256
Montana
406-449-5404
Nebraska
402-471-5493
Nevada
702-784-5314
New Hampshire
603-225-6111
New Jersey
609-989-2243
New Mexico
505-988-6577
New York
212-264-5720
New York
518-472-3664
North Carolina
919-856-4731
North Dakota
606-224-5996
Ohio
614-469-7441
Oklahoma
405-231-5201
Oregon
503-221-2261
Pennsylvania
215-597-3543
Puerto Rico/ Virgin Islands
809-753-4314
or 809-753-4188
or 809-753-4189
Rhode Island
401-528-5424
South Carolina
803-765-5771
South Dakota
605-224-5996
Tennessee
615-251-5561
Texas
512-482-5671
Utah
801-524-5411
Vermont
603 225-6348 or 6111
Virginia
804-771-2197
Washington
206-442-4975
West Virginia
304-347-5246
Wisconsin
414-291-1118
Wyoming
307-772-2385

ACTION
THE NATIONAL VOLUNTEER AGENCY

Washington, D.C. 20525

85/9